

Travel Advice

For children with a bleeding disorder

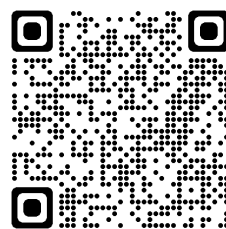


In advance of travelling, please speak to the Haemophilia team looking after your child and discuss your travel plans.

When travelling, always carry your child's Bleeding Disorder Information Card which details their condition and should be presented upon admission to any hospital in the event of a bleed or an emergency. These cards are produced by the National Haemophilia Database and contain vital details. Additional copies are available upon request by contacting the Haemophilia Data Manager or any member of the team.

If your child is on factor replacement therapy then we will supply you with a travel letter which gives information on how to travel with the medication as you may need to show this at customs or security.

In the event of needing to attend a hospital, to find where the nearest Haemophilia centre is, you can check the EUHANET Centre Locator by visiting www.euhanet.org/centrelocator or by scanning this QR code:



You may also wish to consider that your child wears a medic alert bracelet, which is internationally recognised. You can order various alert tags from www.medicalert.org.uk or from other registered charities.

If your child has a valid European Health Insurance Card (EHIC) you can use it until the expiry date or as a UK citizen you can apply for a Global Health Insurance Card (GHIC). You can apply for a GHIC online by visiting: <https://overseas-healthcare.nhsbsa.nhs.uk/get-healthcare-cover-travelling-abroad/start>

A UK EHIC or UK GHIC is not a substitute for travel insurance. It may not cover all health costs and never covers repatriation costs. You should make sure that you have travel insurance as well as a UK EHIC or UK GHIC.



It is recommended that you take out travel insurance for pre-existing medical conditions. This will give you peace of mind so that you can enjoy your travel experience to the full, knowing that you have all the cover you require. Without taking out insurance to cover existing conditions, including your child's bleeding disorder, you may be liable for any healthcare costs incurred, whether related to the bleeding disorder or not.



As well as offering practical travel advice, The Haemophilia Society have a comprehensive list of insurance companies that provide coverage for existing medical conditions.

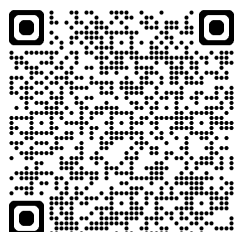
Visit www.haemophilia.org.uk?s=travel or scan this QR code:



Money Helper is another resource that offers practical and impartial advice on travel insurance for travelling with a pre-existing medical condition.

Scan this QR code or visit:

www.moneyhelper.org.uk/en/everyday-money/insurance/travel-insurance-if-you-have-a-medical-condition





This information leaflet has been produced by the Haemophilia Team at the Children's Haematology Unit, Royal Belfast Hospital for Sick Children, and is intended for use by it's patients, families and carers.

All information is correct at time of publication. To ensure that you have the correct information, please dispose of any previous copies of this leaflet that were published prior to the below date.

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